

# Menstruation and Sustainability

Friday 26th May 2023  
University of St Andrews, Scotland, UK

## Programme

09.00 – 09.15 Registration  
09.15 – 09.30 Welcome (Bettina Bildhauer, Camilla Mørk Røstvik, Bee Hughes)

### Menstruation and Sustainability 1

Chair: Mandikuzda Tembo

09.30 – 09.45	<b>Dr Maria Tomlinson (University of Sheffield)</b> 'The Impact of Social Media on Teenagers Knowledge and Perceptions of Reusable Menstrual Products'.
09.45 – 10.00	<b>Prof. Bettina Bildhauer and Dr Lara Owen (University of St Andrews)</b> 'Sustainable Menstrual Products and the Eco-Shaming of Menstruators in Scotland'.
10.00 – 10.15	<b>Dr Camilla Mørk Røstvik (University of Adger)</b> 'Feminine Waste Only: A History of the Sanitary Bin and Exchange System'.
10.15 – 10.30	<b>Sophie Bauer (Goethe University Frankfurt)</b> 'Good for nature, good for us? Ambivalent politics of waste prevention in menstrual hygiene technologies'.
10.30 – 11.00	Discussion

*11.00 – 11.30 Break*

### Recent and Ongoing Menstrual Research 1

Chair: Sharra Vostral

11.30 – 11.45	<b>Dr Lisa Smith (Douglas College), Dr Whitney Wood (Vancouver Island University) and Prof. Gillian Anderson (Vancouver Island University)</b> 'Dispensing Menstrual Equity? Mundane Menstruation Technologies and the Messy Politics of Social Change'.
11.45 – 12.00	<b>Catalina Notrica and Prof. Emily St. Denny (University of Copenhagen)</b> 'The Scottish Period Products Act (2021)'.
12.00 – 12.15	<b>Jessica Campbell (University of Edinburgh)</b> "'A Crisis of Transition": Menstruation and the Psychiatrisation of the Female Lifecycle in 19th-Century Edinburgh'.
12.15 – 12.30	<b>Dr Ming Zhang (Independent Scholar)</b> 'Rethinking the Debate over Selling Menstrual Products on High-speed Trains in China'.
12.30-13.00	Discussion

13.00-13.30 Lunch

## Research Slam: Menstruation and Sustainability 2

Chair: Gemma Sharpe

13.30 – 13.38	<b>Dr Bee Hughes (Liverpool John Moores University)</b> 'Re-use, Re-signify, Menstrual Cycle: Academic and Menstrual Materialities in Contemporary Art'.
13.38 – 13.46	<b>Chloe Curtis (University of Oxford)</b> 'Theories of Cycles: Sustainability, Gender and Menstruation'.
13.46 – 13.54	<b>Amelia Ignire (University of Cardiff)</b> '#MenstrualCup: Exploring Menstrual Management Online in Uncertain Times as a Posthuman Phenomenon'.
13.54 – 14.02	<b>Dr Mandikudza Tembo (London School of Hygiene and Tropical Medicine)</b> 'The Uptake of Sustainable Menstrual Health Products in Zimbabwe'.
14.02 – 14.30	Discussion

14.30-15.00 Break

## Research Slam: Recent and Ongoing Menstrual Research 2

Chair: Marcy Karin

15:00 – 15:08	<b>Dr Omoye Akhagba (Collegium Civitas, Warsaw)</b> 'Mapping Menstruation Poverty in Polish Refugee Camps: Pilot Study'.
15.08 – 15.16	<b>Rosalie Bernheim (University of St Andrews)</b> 'The (Non)Menstruating Body in Medieval Jewish and Christian Texts'.
15.16 – 15.24	<b>Dr Chloe MacLean (University of the West of Scotland)</b> 'Embarrassment, Fear and Shame: The Emotional Experiences of Karate Practitioners Leaking Menstrual Blood'.
15.24 – 15.32	<b>Jemma Walton (Birkbeck College)</b> 'Blood Moon: Menstruation in the English Young Adult Novel'.
15.32 – 15.55	Discussion

15.55-16.00 Break

## Research Slam: Recent and Ongoing Menstrual Research 3

Chair: Camilla Mørk Røstvik

16.00 – 16:08	<b>Signe Banke (University of Southern Denmark)</b> 'Menstrual Materialities'.
16.08 – 16.16	<b>Jasmine Joanes (Royal Holloway, University of London)</b> 'Menstrual Methodologies?'.
16.16 – 16.24	<b>Dr Melanie Channon (University of Bath)</b> 'The Criminalization of Chauupaadi in Nepal'.
16.24– 16.32	<b>Prof. Margaret Johnson (University of Baltimore) and Prof. Marcy Karin (University of the District of Columbia)</b> 'Menstruation at School: Comparison of Education Law'.
16.32– 17.00	Discussion

17.00-17.15 Break

## Public Keynote Talk and Q&A

Chairs: Bettina Bildhauer, Camilla Mørk Røstvik

17.15-18.00

**Jay Critchley (Conceptual, Multimedia Performance Artist and Writer)**  
'Miss Tampon Liberty: The Toxicity of Capitalism'.

18.00-18.30 Break

18.30-19.00

**Jay Critchley performing as Miss Tampon Liberty in a Procession/Performance**  
Accessibility info: This performance may involve a walk from the conference venue to the local beach, c. 5 minutes walk along a somewhat uneven pavement by a minor road and down a flight of steps onto a sandy beach. Taking part is optional. Please wear appropriate footwear and clothing and see the full risk assessment on our website:  
<https://menstruationresearchnetwork.org.uk/conference-may-2023-registration/>

19.30 Conference Dinner (Speakers Only)

